

Part 5. Safety First



Content:

5a. Points of Contact & Emergency Numbers

5b. Safety Awareness

 b1. Heat and Cold Related Illness

 b2. Preventative Measures and Self-Care

 b3. CPR & First Aid

5c. Partner Up & Communicate

Part 5a: Points of Contact & Emergency Contacts

Weekday & weekend supervisory point(s) of contact for refuge:

Weekday:

Weekend:

Phone number and e-mail for refuge law enforcement officer(s):

Phone number for local first responders (local PD; EMS; Coast Guard, etc.):

Evacuation location(s) in case of emergency:

Location(s) of first aid kits and/or automated external defibrillators (AED):

POCKET EMERGENCY INFO

Complete the form below. Then cut it out, fold it over, and keep it in your pack while on duty.

Refuge Safety Information	Optional Personal Information
Refuge Emergency Number	Your Name
Local Emergency Number	Your Emergency Contact (name / #)
Refuge Address	Allergies, Medications, and Alerts