Part 5c. Partner Up & Communicate

- Always make sure someone knows when you are on or off the beach, and how to reach you in case of an emergency.
- Never go out to the beach if you feel unsafe or physically unable to continue volunteering.
- Be aware of your surroundings so you can communicate your location to first responders or refuge staff if needed. Many refuges do not have a physical address so you may need to describe your location.

Who will you contact when you get on and off the beach?

What is the best way to reach you on the beach? Do you have a backup?

What conditions do you not feel safe or comfortable working in?

If there are other shorebird stewards volunteering at the same time, where are they located and how can you get in touch with them?

What are good location markers where you are situated? What notable features are in the landscape that would help refuge staff or first responders easily identify your location?

PACK ESSENTIALS



Essentials Checklist

Plenty of water	Cell phone
Necessary medications	Extra clothing layers
Snacks	Binoculars
Sun hat	Spare socks
Sunscreen	Volunteer uniform
Bug spray	Refuge radio (if required)
Windbreaker or raincoat	Face mask or bandana (optional)
Sunglasses	Name tag (if required)
Whistle (if permitted)	Photo ID (in case of emergency)